

PRIMAL KRAV MAGA 7 | SELF DEFENCE SYSTEM

ADULTS PLANS

BASIC MEMBERSHIP	PREMIUM MEMBERSHIP	ELITE MEMBERSHIP	UPGRADES
1 x weekly Krav Maga session	2 x weekly Krav Maga sessions	Unlimited weekly sessions including upgrade packages (including daytime, fitness, Exc T.O.P)	Full contact scenario based training, striking class and fit 2 fight military PT
Daytime fitness classes All abilities		T.O.P upgrade details upon request	

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PRIMAL KRAV MAGA Kids | SELF DEFENCE SYSTEM

KIDS PLANS

BASIC MEMBERSHIP	PREMIUM MEMBERSHIP	ELITE MEMBERSHIP
1 x weekly Krav Maga session	2 x weekly Krav Maga sessions	Unlimited weekly sessions including upgrade package
Upgrades 5-7 controlled kit on sparring scenarios	Upgrades 8-12 controlled kit on sparring scenarios	12-15 competitive sparring scenarios

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